

Adobe Premiere: How to For Absolute Beginners

Lesson 2: Creating a project and importing video

Quick Reference

Procedures for tasks shown in lesson

The overall procedure is:

1. [Create a project.](#)
2. [Select workspace layout.](#)
3. [Import video source files.](#)
4. [Find video settings of imported video files.](#)
5. [Create sequence.](#)
6. [Save work.](#)

To create a project

1. Start Premiere.
2. Opening screen: **New Project**
3. **New Project** dialog:
 - a. Select **Capture Format** you filmed with: **DV** or **HDV**.
 - b. Click **Browse**, and select or create a folder for storing project files.
 - c. In **Name** box, type name for project, click **OK**.
4. **New Sequence** dialog: Click **Cancel**.
(Unless you want to create a sequence now—you don't have to.)

To select workspace layout

- **Window** menu, **Workspace**, select particular workspace.

Shortcut for Editing workspace

- Alt +Shift +3

To import video source files:

1. **File, Import.**
2. Find and select files to import.
3. Click **Open**.

To find video settings of imported video files

1. In **Project** panel, select video file.
2. The file's settings appear in the **Info** panel.

To create sequence

1. **File, New, Sequence.**
2. On **Sequence Presents** tab: Select preset that matches the video settings of your media files.

3. Click OK.

To save work

1. **File, Save**

Shortcut for saving work

File, Save